

Northeast Iowa Taekwondo Championships

Date: Saturday, March 23, 2019

Competition Venue: East High School, 214 High Street, Waterloo, IA 50703

Schedule:

Friday March 22: 6:00-9:00 pm Credential pick-up at The ROC Gym

Saturday March 23: 8:00-9:00 am Credential pick-up at East High School

9:00 am **Demo Team Competition (5 minute limit)**

Forms Competition

Grand Champion Forms

Weapons Competition

Grand Champion Weapons

Sparring Competition:

Note - 12-14 Black Belt competitors (must choose daedo or ringmaster)

Athlete Entry Fees:

2 Events: Pre-Registration is \$64.00 if postmarked by **March 9, 2019.**

2 Events: Registration is \$74.00 if postmarked after **March 9, 2019.**

Add \$10 for third event.

Registration is \$84.00 at the door

Demo Team – \$100 per team (5 minute limit)

Coaching Fee:

\$20 if postmarked by March 9, 2019.

\$25 if postmarked after March 9 and the day of the event.

6-15 competitors - 2 free coaching passes, 16-25 competitors - 3 free coaching passes.

Please contact us for 25 or more competitors for special arrangements.

Spectator Fees:

Adults (13yrs & older) \$7.00

Children (6-12yrs) \$5.00

Children (under age 6) Free with paid Adult

Tournament Director: **Master Russell O'Connell**

Contact 319-230-8399 or vhendershoot @cfu.net for more information

The ROC Gym: Located at 2060 Crossroads Blvd Waterloo, IA 50702 Ph: (319) 234-7621

Host Hotel near tournament location: Make reservations by February 17..

Hampton Inn–319-233-2044 Located at 2034 LaPorte Rd., Waterloo, Iowa 50702

Mention the Northeast Iowa Taekwondo tournament to get a discounted rate.

Please send all pre-registration forms to:
Peak Performance Martial Arts
2121 Boxwood Drive
Cedar Falls, IA 50613
319-230-8399

Tournament Location:
East High School
214 High Street
Waterloo, IA 50703

ATHLETE REGISTRATION
Northeast Iowa Taekwondo Championships
March 23, 2019

Name: _____ Phone Number: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Instructor: _____ School/Team/Club: _____

Age: _____ Gender: _____ Height: _____ Weight: _____ (BE ACCURATE)

Belt color (check the rank at which you will compete)

White ___ Yellow ___ Orange ___ Green ___ Blue ___ Red/Brown ___ Black ___ Rank ___ Gup/Dan

Note: If you are a recommended Black Belt you can select Red/Brown or Black to compete.

I will participate in: Forms _____
Junior Sparring (age 17 and under) _____
Senior Sparring (age 18 and above) _____
Weapons _____
Demo Team(provide name of team) _____
5 minute limit

Registration Fee:

\$64 for (2) events if postmarked by **March 9, 2019**. (Add \$10 for third event)

\$74 if postmarked after **March 9, 2019**. (Add \$10 for third event)

\$84 if registering at the door

\$100 Demo Team

Make check or money order payable to: Peak Performance

RELEASE OF LIABILITY

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge all rights and claims for damages which I may have or which may accrue to me against the Tournament Director, Peak Performance Martial Arts, The ROC Gym, O'Connell ROC LLC the tournament facility, and any and all associations, Waterloo Community School District, East High School, employees, officers, directors, all referees, sponsors, tournament volunteers, and against any competitor for any and all damages which may arise out of traveling to, participating in, and returning from such athletic competition. I understand that Taekwondo is a body contact sport and I may get hit, kicked or struck by another person, which may cause injury to me. I understand that any medical treatment given will be first aid treatment only. I also understand that there are no refunds of any entry fees. No exceptions. My signature constitutes my agreement to this release. **(If under 18 years of age, Release must be signed by Parent or Legal Guardian)**

Signature: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

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COACH REGISTRATION
Northeast Iowa Taekwondo Championships
March 23, 2019

Instructors will receive 2 free coaching passes for bringing 6-15 competitors, 3 free coaching passes for bringing 16-25 competitors. If you are bringing 25 or more competitors, please call us for special arrangements.

Name: _____ Phone Number: _____

Address: _____ City: _____ State: _____ Zip: _____

Rank: _____ School _____

Make check or money order payable to: Peak Performance

Fee: \$20 if postmarked by **March 9, 2019** _____
\$25 if postmarked after **March 9, 2019** _____

2 Free Passes (6-15 competitors)
Coach's Names (2) _____

3 Free Passes (16-25 competitors)
Coach's Names (3) _____

If requesting a Free Coach's pass, please list all competitors below:

RELEASE OF LIABILITY

In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge all rights and claims for damages which I may have or which may accrue to me against the Tournament Director, Peak Performance Martial Arts, The ROC Gym, O'Connell ROC LLC the tournament facility, and any and all associations, Waterloo Community School District, East High School, employees, officers, directors, all referees, sponsors, tournament volunteers, and against any competitor for any and all damages which may arise out of traveling to, participating in, and returning from such athletic competition. I understand that Taekwondo is a body contact sport and I may get hit, kicked or struck by another person, which may cause injury to me. I understand that any medical treatment given will be first aid treatment only. I also understand that there are no refunds of any entry fees. No exceptions. My signature constitutes my agreement to this release. **(If under 18 years of age, Release must be signed by Parent or Legal Guardian.)**

Signature: _____ Date: _____

Parent/Legal Guardian Signature: _____ Date: _____

Championship T-Shirt Order Form

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214 High Street

Waterloo, IA 50703

Name: _____ Phone Number: _____

Address: _____ City: _____ State: _____ Zip: _____

Rank: _____ School _____

Make check or money order payable to: Peak Performance

Fee: \$20 if postmarked by **March 9, 2019** _____

\$25 if postmarked after **March 9, 2019** _____

YS: _____ AS: _____ YM: _____ AM: _____ YL: _____ AL: _____

AXL: _____ Double and Triple Xs can be ordered in advance, please add \$3

Limited sizes available day of the event/

Championship T-Shirt..... x \$20.00 = _____